



DANCE SAMPLE SCHEDULE

SESSION III July 25th - August 5th (Performance date and time TBA) Girls
entering grades 2-12

Time	Group 1	Group 2	Group 3	Group 4
9:00 - 9:35	ATTENDANCE & Talent Show Practice			
9:30 - 9:40	WARM UP			
9:50 - 10:30	MODERN Miss Cristina	MODERN Miss Jeanette	BALLET Miss Miriam	BALLET Miss Emily
10:40 - 11:20	JAZZ & HIP HOP Miss Miriam	BALLET Miss Kayla	JAZZ & HIP HOP Miss Cristina	TAP Miss Amelia
11:20 - 12:00	LUNCH			
12:10 - 12:20	WARM UP			
12:20 - 1:00	COMPANY (all dancers dance together for finale) - Miss Kara			
1:10 - 1:50	BALLET Miss Jeanette	JAZZ & HIP HOP Miss Cristina	TAP in Theater Miss Miriam	JAZZ & HIP HOP Miss Amelia
2:00 - 2:40	TAP in Theater Miss Jeanette Miss Amelia		MODERN Miss Kayla	MODERN Miss Cristina
2:45 - 3:15	SNACK OR SWIM/TALENT SHOW PRACTICE			
3:35	BUS LINES & ATTENDANCE			

DANCE

SESSION III July 26 - August 8 (Performance date and time TBA) Girls entering grades 2-12

Dance Class Descriptions:

- **Ballet** is a form of theatrical dance that uses formal and set movements, emphasizing students learning to stand in correct form, while developing body control and expressing movements through music.
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- **Modern:** The dancers will experience a series of exercises and combinations that will allow them to become familiar with anatomy and alignment. The dancers will learn theatrical choreography that will incorporate concepts such as timing, spatial awareness, dynamics and culture.
- **Jazz:** This class will teach technique in the area of Classical, Theater and Street style Jazz. The dancers will also focus on character and performance training and how it relates to self-expression and self-esteem.
- **Hip-Hop** is a style that originated on the streets of New York. In this class dancers learn to be interpretive and physically aware of what the body is capable of doing when music is heard. Hip-Hop dance is high energy and allows the dancer to pop, lock and grove to any genre of music.
- **Tap:** This class explores the rhythms of the feet requiring stamina and quick moves. Dancers will learn the foundation for Tap technique which includes coordination, learning rhythms and musicality, phrasing, timing and balance. (tap shoes are required)

