

LuHi DANCE ACADEMY

Fall 2022 Session 1

5 Week Session on Saturdays

10:00am - 12:00pm

September 10, 17, 24

October 1 & 8

Dance Sessions Include:

BALLET: a form of theatrical dance that uses formal and set movements, emphasizing students learning to stand in correct form, while developing body control and expressing movements through music.

MODERN: The dancers will experience a series of exercises and combinations that will allow them to become familiar with anatomy and alignment. The dancers will learn theatrical choreography that will incorporate concepts such as timing, spatial awareness, dynamics and culture.

JAZZ: This class will teach technique in the area of Classical, Theater and Street style Jazz. The dancers will also focus on character and performance training and how it relates to self-expression and self-esteem.

HIP-HOP: a style that originated on the streets of New York. In this class dancers learn to be interpretive and physically aware of what the body is capable of doing when music is heard. Hip-Hop dance is high energy and allows the dancer to pop, lock and grove to any genre of music.

- No experience is necessary
- Dance shoes are not required
- Please wear clothing that is comfortable to move in

*Open to Girls and Boys grades 2-12

Directed by Kara Milazzo, MFA from NYU's Tisch School of the Arts and LuHi Dance Summer Programs director of 25 years.

Featuring Master Teacher Cristina Anastacio

***Each dance session will conclude with a short performance to share with friends and family.**

Only \$295 for 5 weeks.

For more information visit www.luhisummercamps.org or
contact: 516-626-1100

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